ST. DOMINIC-JACKSON MEMORIAL HOSPITAL
JACKSON, MISSISSIPPI

<table>
<thead>
<tr>
<th>OBSTRUCTIVE SLEEP APNEA ORDERS</th>
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<td>Physicians Anesthesia Group, P.A.</td>
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### OUTPATIENT STATUS:

1. Keep head of bed elevated 30 degrees if approved by surgeon.

2. Phase 1 - Monitor patient a minimum of one hour in PACU. If no airway obstruction and no SaO2<90%, transfer to phase 2 (AM Admit). Call MD for apnea or SaO2<90%.

3. Phase 2-Monitor patient remainder of three additional hours requirement. Continuous pulse oximetry/EtCO2 (POET) central monitoring with alarms set at SaO2 90%. Record vital signs every 30 minutes. Call MD for apnea or for SaO2<90%.

4. Outpatient may be discharged home after Phase 2 monitoring if no apnea and no SaO2 <90%.

### INPATIENT STATUS:

1. Keep head of bed elevated 30 degrees if approved by surgeon.

- Monitored room upon PACU discharge.

- ICU upon PACU discharge. Continue sleep apnea orders when patient transferred out of critical care unit.

2. Continuous pulse oximetry/EtCO2 (POET) central monitoring with alarms set at SaO2 90%.

3. Initiate CPAP in PACU on known OSA patients using CPAP at home. Use patient’s PAPD and settings if available.

4. Titrate O2 via NBP/FM or to CPAP as needed to maintain SaO2 >90%.

5. Add CPAP per respiratory therapy protocol to keep airway open and SaO2 >90%. Patients requiring CPAP must use it at all times while in bed unless awake and alert with staff or family at bedside.

6. POET monitoring may be discontinued on order of physician or when all of the following criteria are met:
   a. Minimum 24 hours after PACU discharge AND
   b. All IM, IV, or PCA narcotics have been discontinued AND
   c. Respiratory rate > 8 with no apneic episodes or airway obstruction (loud snoring) AND
   d. SaO2 >90% or at pre-op baseline AND
   e. Patient is compliant with keeping O2 in place, if applicable.

7. Jackson Pulmonary consult-level 1.

_____/_______        ___________ _____________________
Date        Time                        Physician Signature

DOCTOR’S ORDERS

REV 08/11; SD40-3